

Rationale Statement: General Standard 4

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Outcome: Adjusts teaching strategies and techniques based on reflective thought.

Evidence: EDUC 6625 Week 4 Reflection

The ten courses in this Master's degree program offered a plethora of opportunities for reflective thought ... not only did they each incorporate two Reflection assignments, but the Discussion and Application assignments were also heavily based on evaluation and manipulation of teaching strategies and techniques. This Reflection in particular helped me to assess my own teaching practices then make practical adjustments.

More specifically, this reflection helped me to assess my own ability to manage impulsivity and create rubrics while challenging me to figure out specific adjustments that I must make to my teaching strategies in these areas. As I progressed further into the degree program, it was obvious that the awareness that I was learning through assignments like this Reflection were producing meaningful changes in my teaching practices. Ultimately, as Costa claims, this self-awareness is one of the most essential elements of owning my own teaching practices and habits of mind (2000).

Reference: Costa, A. and Kallick, B. (2000). *Activating and Engaging Habits of Mind*. Alexandria, VA: Association for Supervision and Curriculum Development.